



Tamika M. Murray

Life Coach, Author/Freelance Writer & Speaker

Tamika M. Murray, owner of Mystical Fire Ascension Life Coaching, brings years of being a social worker, award-winning author/freelance writer, educator, astrologer, and intuitive and awakened soul to the conversation. She's penned ten books, including the award-winning self-published work, *Crying, Learning, and Laughing: Why Students Visit the Teen Center*. She was a Trending News Writer for *Delishably.com* from May 2022 to September 2023, but I am currently available for new writing projects. Contact her for assistance, accountability, results, and an upbeat Ascension Life Coach. She resides in Southern New Jersey with my three rambunctious kitties and loves to travel.

AS SEEN IN [Delishably.com](https://delishably.com) [HealthNews.com](https://healthnews.com) [The National Digest](https://thenationaldigest.com)

SIGNATURE TOPICS

- ✓ Being Your Authentic Self
- ✓ Wellness and Self-care
- ✓ Why Teen Centers Are Necessary

LET'S WORK TOGETHER!

Please feel free to contact me for any concerns or questions.

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Mystical Fire Ascension Life Coaching

Spiritual Life Coaching To Ignite The Flame Within